

Brief CV

Dr. Mrityunjay

MBBS, MD (AIIMS, New Delhi)

Brief Background:

I belong to Jammu, Jammu and Kashmir, India. After acquiring my basic education from SRML Higher Secondary School and GGM Science College, Jammu, I did MBBS from Government Medical College, Jammu followed by MD in Physiology from All India Institute of Medical Sciences (AIIMS), New Delhi.

I began my medical career as Assistant Surgeon J&K Health Services since 1989 posted in a Primary Health Centre at a far flung hilly area of district Doda where I was able to provide curative, preventive and, promotive health services. I facilitated the implementation of National Immunization and Family Welfare Programmes.

Back in the state, my teaching career began (after a stint as Assistant Surgeon in Distt. Hospital, Kathua), when I was selected as Demonstrator in the Department of Physiology, Govt. Medical College, Jammu.

As Faculty, my first appointment was as Lecturer in Govt. Medical College, Srinagar in year 2004.

Languages I am friendly: Hindi, English, Dogri, Punjabi

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TEACHING / RESEARCH EXPERIENCE: *Total teaching experience after postgraduation: 26 years (nearly)*

Institution	Post Held	From	To
All India Institute of Medical Sciences, New Delhi	Junior Resident (MD student)	July 1992	June 1995
Govt. Medical College, Jammu	Demonstrator	26/11/1996	/23/01/2003
Govt. Medical	Asstt. Surgeon in	17/05/2003	20/12/2004

College, Jammu	Department of Physiology		
Govt. Medical College, Srinagar	Lecturer	23/12/2004	24/04/2006
Govt. Medical College, Jammu	Lecturer	26/04/2006	13/01/2010
Govt. Medical College, Jammu	Assistant Professor	14/01/2010	13/01/2013
Govt. Medical College, Jammu	Associate Professor	14/01/2013	24/01/2016
Govt. Medical College, Jammu	Professor	25/01/2016	Till date

MD (PHYSIOLOGY) THESIS Title: - An experimental study on behavioral effects of dietary spices (Guide- Dr S.C. Mahapatra)

Memberships of National Academies/societies/Institutions

1. Life member of Association of Physiologists and Pharmacologists of India.
2. Life member of the Society of Basic and Applied Physiology, India.

Professional Training:

- i) TIPS (Techniques in Physiology for SAARC) at AIIMS, N. Delhi
- ii) Basic Course Workshop in Medical Education At MCI Nodal Centre, CMC, Ludhiana in 2013
- iii) Revised Basic Course Workshop in Medical Education Technologies conducted by CMC Ludhiana Nodal Centre at GMC, Jammu in 2019

Academic Assignments:

- 1) Internal Examiner for MD Physiology;
- 2) Internal Examiner for MBBS;
- 3) Internal Examiner for BDS;
- 4) Examiner for Jammu University for Bachelor of Physiotherapy (BPT).
- 5) Appraiser for National Board of Examinations

External Examiner:

1. University of Kashmir
2. Baba Fareed University of Health Sciences, Punjab.
3. HP University/ Atal Medical and Research University (HP).

Book authored: Journal of physiology Practicals – second edition running

Other Assignments:

- I) Warden Postgraduate Boys Hostel, GMC Jammu since 2016
- II) Member Anti-ragging Committee since 2016

- III) Chairman, B.Sc. Nursing Courses affiliated to GMC, Jammu
- IV) Chairman, Yoga Committee
- V) Buyer for GEM portal purchase
- VI) Member Sports Committee, GMC, Jammu

20 Publications in Indexed National and International Journals